

Easebourne Nursery

Nut-Free Policy and Procedures



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NUT-FREE POLICY and PROCEDURES

Easebourne Nursery aims to be a nut-free zone. This means that no food products containing 'obvious' nuts are to be brought into the setting.

We hope that this will reduce the risk of any child, who may have or develop an allergy to nuts, coming into contact with a food product which could potentially be very harmful to them.

We are aware that many foods are labelled as having 'traces of nut' or 'cannot guarantee nut-free' and that this can be difficult to avoid. On admission, we will discuss the severity of a child's known allergy and a care plan will be put in place in the event of an allergic reaction.

In order to reduce the risk of an allergic reaction for a child in our care, we will ensure that:

- none of our cooking ingredients contain obvious nut products.
- snacks offered are nut-free.
- all parents/guardians are made aware of this policy.

We ask parents to:

- inform staff on admission if your child has had an allergic reaction to nuts, or is undergoing tests or diagnosis.
- provide us with a prescribed auto-injector and assist us in developing a care plan for your child should a reaction take place.
- not include obvious nut products in children's lunchboxes.
- ensure that ingredients are checked prior to bringing in birthday cake or foods at times of celebrations and ensure that no nuts are contained.

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